Institute of Medicine (IOM) Core Competencies

IOM Competencies

- **Provide patient-centered care**
  Identify, respect, and care about patients' differences, values, preferences, and expressed needs; listen to, clearly inform, communicate with, and educate patients; share decision making and management; and continuously advocate disease prevention, wellness, and promotion of healthy lifestyles, including a focus on population health.

- **Work in interdisciplinary teams**
  Cooperate, collaborate, communicate, and integrate care in teams to ensure that care is continuous and reliable.

- **Employ evidence-based practice**
  Integrate best research with clinical expertise and patient values for optimum care, and participate in learning and research activities to the extent feasible.

- **Apply quality improvement**
  Identify errors and hazards in care; understand and implement basic safety design principles, such as standardization and simplification; continually understand and measure quality of care in terms of structure, process, and outcomes in relation to patient and community needs; and design and test interventions to change processes and systems of care, with the objective of improving quality.

- **Utilize informatics**
  Communicate, manage knowledge, mitigate error, and support decision making using information technology.